

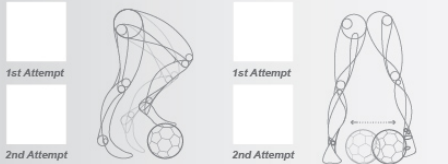
# The iSoccer Six

See the Complete 16 Skill National Assessment below

## Can You Raise Your Level?

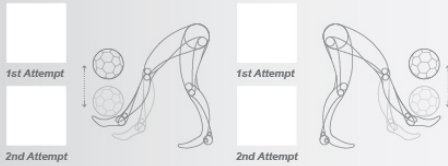
### Toe Taps Foundations

20 Seconds  
As many as you can do



### Juggling PF Juggling NPF

20 Seconds  
Take only your high score



### Change of Pace PF Change of Pace NPF

20 Seconds  
Two Cones 5 Meters Apart  
Dribbling in a Figure 8 with One Foot  
Each figure 8 is worth 4 points (1pt=2.5m)



Key:  
PF=Preferred Foot • NPF=Non Preferred Foot

## The iSoccer National Assessment

What is Your iSoccer Level?

- |                               |                     |                                |                |
|-------------------------------|---------------------|--------------------------------|----------------|
| <b>COMFORT &amp; JUGGLING</b> | <b>DRIBBLING</b>    | <b>PASSING &amp; RECEIVING</b> | <b>OTHER</b>   |
| Toe Taps                      | Change of Pace PF   | First Touch PF                 | Aerial Control |
| Foundations                   | Change of Pace NPF  | First Touch NPF                | Ball Striking  |
| Juggling PF                   | Change of Direction | One Touch PF                   | Speed          |
| Juggling NPF                  | Moves/Scissors      | One Touch NPF                  |                |
| Juggling Head                 |                     |                                |                |

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Player and Coach Accounts • Log Scores • Track Progress • Compare to National Standard

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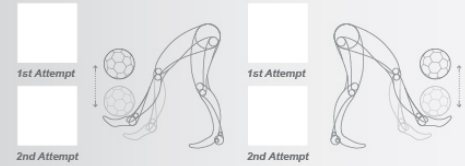
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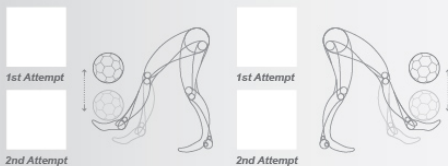
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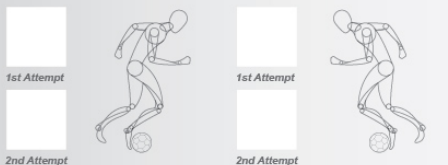
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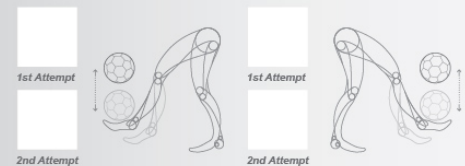
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